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#### Slough Views Redwood Shores Real Estate Newsletter edwood Shores.com/RealE COMMENTATION STREAM

### RECENT RWS SALES

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> 20 YEARS RWS REAL ESTATE

#### 2006 Set Median Sales Records

Year	#Sold	Sales \$ Range	Median \$
Sinal	e Fami	ly Homes	
2000	141	510,000-1,560,000	\$781,000
2001	80	555,000-1,680,000	\$769,000
2002	147	465,000-1,750,000	\$808,000
2003	144	565,000-1,500,000	\$770,000
2004	146	622,000-1,720,000	\$980,000
2005	124	747,000-1,668,000	1,081,600
2006	87	810,000-1,760,000	1,185,000
Cond	los and	Townhomes	
2000	198	284,000-780,000	\$500,000
2001	145	294,000-790,000	\$487,000
2002	193	305,000-775,000	\$499,000
2003	217	318,000-830,000	\$485,000
2004	231	353,000-875,000	\$587,000
2005	177	447,000-1,160,000	\$665,000
2006	143	433,000-1,275,000	\$687,000

Source: Slough Views RWS Real Estate Newsletter

#### **QJR SHORES CLIENTS** In gratitude and appreciation for your business and your referrals 6 captain lane 400 baltic circle 414 8 eddystone court 767 barnegat lane 371 meridian drive 700 baltic circle 706 832 intrepid lane g pilot circle 1 buoy lane 300 baltic clircle 316 2112 hastings shore lane 1000 davit lane 140 524 keelson circle 300 baltic circle 332 367 mindanao drive 302 meridian drive 746 newport circle



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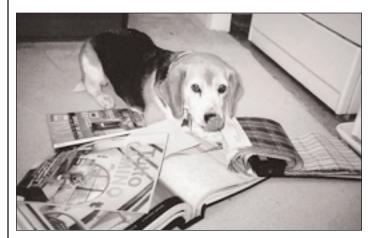
introduced last year, our BUYER MATCH Program has been a success. THINKING of SELLING? I may have a buyer for your **REDWOOD SHORES home.** 

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Wide Water Home . MARLIN COURT				
3/2.5 New Bedford - SEACREST				
2/2+ den Barque . VENTANA del MAR				
2/2 Dory Plan .VENTANA del MAR				



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# FINDING MORE SPACE IN A SMALL BATH REMODEL

If you are not planning on moving walls, remodeling a small bath means squeezing more into the floor plan. Here are some tricks to visually enlarge the space and to provide for enhanced storage.

1. Take advantage of the ceiling height by extending the shower tile and the mirrored walls to the ceiling. Design the decorative tile strip to be 12-18 inches high and start at the top of the wall. Slope the ceiling of the shower to prevent mold build-up.

2. Frameless shower doors with transparent glass enhance the spaciousness of a tiny bath. Half-circle shower enclosures will fit in tight corners as they only require about 30 inches of floor space from the wall corner to the front of the stall. Doors on these stalls slide behind each other, eliminating the need for a wide arc of floor space for the door. If you don't want to squeegee glass after every shower then use a patterned translucent glass (i.e. Rain glass<sup>TM</sup>). Window films can be custom cut with designs that mimic sand blasted glass at a fraction of the cost. Seashells, waves and geometric designs on the center of the glass door are good solutions for increasing privacy in the stall without obscuring the light or the view out.

3. Bump out a window to create a 6 to 12 inch wide ledge for seating or displaying plants. Window openings that come within 20 inches of the floor will flood the room with light. Frame the window with tile or a 3 1/2 inch wide moulding to match the baseboard. Avoid placing cabinets on either side of

the window as this significantly reduces the amount of light that can get into the interior of the room when the sun is angled off to the side of the window. Eschew window coverings by using obscure glass or frosted window film.

4. Add more light. Is it possible to put a skylight over the vanity or the shower stall? A solar tube can be installed for under \$500 to bring a fifteen inch column of daylight into the room. If the shower is on the exterior wall, perhaps a frosted glass window can be included in the shower wall.

5. In small rooms, the swinging arcs of cabinets and doors can limit floor space. If the bathroom door almost touches the sink or toilet when it is opened, consider installing a pocket door. Doors can also be hung from sliding tracks that are mounted above the doorway. Cabinets with vertical pull out doors on glides allow more access to storage than cabinets with swinging doors.

6. Porcher<sup>TM</sup> has a line of corner sinks and medicine cabinets that can be installed in small baths. Wall-mounted faucets will also allow the sink and vanity to sit closer to the wall. Utilize the space between the studs for open storage or cover the storage with a cabinet door or mirror to match the vanity.

7. Finally, reinforce the points where the towel bars will be installed, so they can double as grab bars.

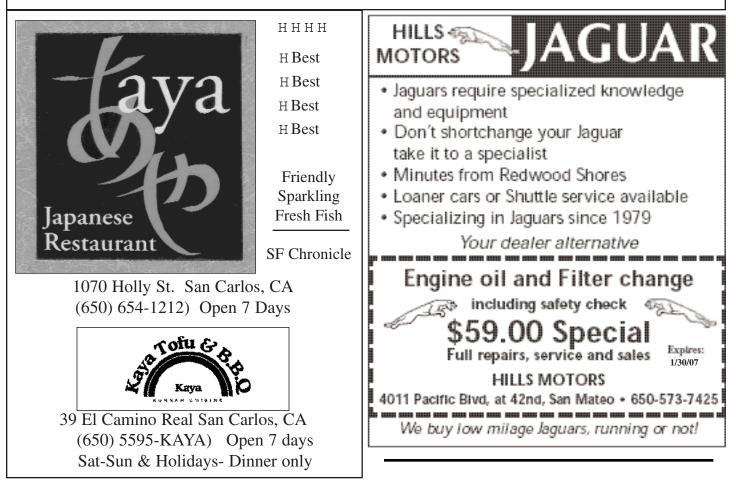
Submitted by Jean Cary, owner of Jean Cary Interiors (650) 593-9622



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#### **SPILL-PROOF CUPS**

Most parents are aware of the damage to the teeth caused by putting a child to sleep with a bottle of milk or other sweetened beverage. The condition it can cause, "baby bottle cavities," usually involves the upper teeth because the tongue protects the lower teeth during bottle-feeding. These decayed baby teeth can become infected, and may need to be removed. Now, a recent study suggests that the prolonged use of spill-proof cups with bill-shaped extensions can also cause "baby bottle cavities." Putting a child to sleep with either a bottle or a spill-proof cup can cause damage to the teeth. The reason is that milk or other carbohydrate containing liquids stay on the teeth and allow bacteria that are normally present in the mouth to attack the teeth by forming "plaque acids." These acids create holes in the teeth (cavities) and can lead to deeper infections of the tiny nerves within them. The susceptibility to cavities is also increased because the flow of protective saliva is greatly reduced during sleep. A recent study identified 186 children who used either a bottle, spill-proof cup, or were breast-fed after one year of age. The children drank a variety of sweetened beverages. The results confirmed that drinking from a spill-proof cup was just as damaging as from a bottle. Infants and young children should not be put to bed with a bottle or spill-proof cup containing milk or any other sweetened beverage. If your child must use a bottle or spill-proof cup, try substituting water or something unsweetened, otherwise use a pacifier instead. It is also important to clean your baby's teeth with a moist cloth (from 6-12 months) or a childsized toothbrush with a tiny amount of toothpaste (from 1-4 years) before bed.



# BACKYARD BIRDER By Julie Thrower

y lesson for this month is to be observant. One way to be observant is to notice how factors, such as the time of day or the height of the tide, affect what species are found. I often go out at late morning or early afternoon to the SBSA pond to see whose out there. The pond is often packed full of shorebirds and waterfowl. The other day I managed to get out for an early morning run by the pond to see what was going on. To my surprise, the pond was almost empty! What I quickly noticed, however, were flocks of birds flying in from all directions into the pond for the day. The changing tide also brings in different birds. When tide is low, shorebirds will line the shoreline, while high tide brings waterfowl closer to the edge as they forage near the pickleweed and cordgrass.

By being observant you'll, without too much trouble, learn to identify birds and know when you've seen something somewhat uncommon, or even rare. Last month, I saw a group of four Red-breasted Mergansers in the large lagoon at the east end of Davit Lane while getting my mail. I just happen to be looking out at the water, caught a flash of deep orange-red from their bills, and felt a sense of something not quite right. Red-breasted Mergansers are not considered rare in the Bay Area, but it is the first time I've seen one. One rare bird I saw, according to Audubon Society's checklist of birds for San Mateo County, was an American Golden Plover out on the shoreline by the Bay Trail in Foster City. Again, it was something different about the feather patterns and colors that caught my eye.

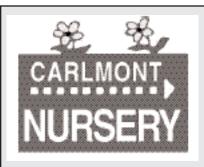
Bird identification can be challenging, but don't be discouraged. Shorebirds and waterfowl are a good place to start learning because they tend to be larger than many songbirds and often can be observed for a long period before flying away. The



Sibley Guide to Birds (ISBN 0679451226) is an excellent resource. It illustrates all the variations from juveniles, adults, breeding, non-breeding, and male and female-such variations can often be a source of misidentifications.

Other observations: One resident identified a second-year Bald Eagle around the Diving Pelican restaurant near Bair Island, and there is a great photo of a juvenile Cooper's Hawk on my blog at rwsbirds.blogspot.com, taken by another RWS resident. Check out the surf scoters that have been hanging out for a while in the open bay around Foster City.





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## Page 26 MANGIA BENE! EAT WELL!

By Personal Chef Joe Rizzi www.thechefworks.net



Filet Mignon with Mustard Port Sauce A Romantic Recipe for your special Valentine...

#### **Ingredients:**

2 tablespoons olive oil
Four (5 to 6 ounce) filets mignons (each about 1.5 inches thick)
3 tablespoons minced shallot
1/3 cup Tawny Port
2/3 cup dry red wine
1 cup beef broth
1 1/2 teaspoons Dijon style mustard

#### **Directions:**

Yield: 4 servings Beurre Manie made by kneading together 1 tablespoon softened unsalted butter and 1 tablespoon all purpose flour Flat leafed parsley sprigs for garnish

To prepare the filets: In a heavy skillet heat the oil over moderately high heat until it is hot but not smoking and in it brown the filets mignons, patted dry and seasoned with salt and pepper, for 2 minutes on each side. Saute the filets mignons, turning them on both sides and the edges, for 4 to 6 minutes more for medium rare meat, transfer them to a cutting board, and let them stand, covered loosely with foil, while making the sauce.

In the fat remaining in the skillet cook the shallot over moderately low heat, stirring, until it is softened, add the Port and the red wine, and boil the mixture until it is reduced by two thirds. Add the broth, boil the mixture until it is reduced by half and then strain the mixture through a fine sieve into a small saucepan. Whisk in the mustard, bring the mixture to a boil, and add the Beurre Manie, a little at a time, whisking until the sauce is smooth. Simmer the sauce, whisking occasionally, for 2 minutes, whisk in any juices that have accumulated on the cutting board, and season the sauce with salt and pepper.

Cut the filets mignons into 1/4 inch thick slices, divide the slices among 4 plates, and spoon the sauce over them.

Mangiamo!

## THE WINE ENTHUSIAST - By Tom Barras

The other night, while swirling and sniffing my Winter Red and gazing at the glittering flames in my fireplace, I began to fantasize about wine's origins, and by whom and how it might have been first encountered. No doubt some leathery, sun-baked Pithecanthropus Erectus had some part in its discovery. I have this mind's eye image of some brutish, hairy dude looking into a hollowed out, gnarled gourd that held the remnant fermented juice of some early vitis vinifera and he grunts to his animal-skinclad mate, " Say Gladys, ya gotta check out this juice. I think it's got possibilities."

And as any matriarchal cave dweller worth her fleur desel would do, she likely gave it a few quick, investigative sniffs, flicked her tongue into it to confirm safe and acceptable flavors, and then after taking a tentative sip, closed her eyes in pensive rumination. "You know, Clyde, don't mean to be negative, but I think it's rather one dimensional. It has a pale color, simple aroma and a high acid profile. Almost Noveau. But having said that, I think it will work quite well with tonight's roasted tubers and braised field greens, especially when it warms up to cave temperature."

Not withstanding the above, I would imagine that wine's first dress rehearsal was not particularly exciting. Most likely "lean, mean, and green," and that's probably being charitable. And how mankind was later able to craft it into such a beautifully balanced beverage of palate pleasing aromas and flavors is a feat worth celebrating. But just as Man's first nonwater hole beverage of interest, malt liquor, later to be known as "beer," was initially domesticated for one particular reason, so to was wine's primitive antecedents. Of course, you History majors, you know of what I speak. The Buzz. The altered state of mind and euphoric bliss that created romantic nights on the Serengeti and dreamy snoozes on their prehistoric Duxianas of twigs and leaves. Neolithic man may have downed it with the day's hunting and foraging bounty, but he more than likely looked forward to his periodic, relaxing quaff for quite another reason.

"Is it cocktail hour yet, Gladys?"

You, however, as a modern and enlightened Erectus, have embraced it for a different reason. You're aware that a small glass of wine, every now and then, (health issues aside), is even more desirable than none at all. You know that in

moderation and always with food, wine has health giving qualities that even your family internist, if you nudge him or her, will likely acknowledge. So, in this New Year with bless-ings all around us, pull the cork occasionally with friends and family and enjoy one of Mother Nature's finest gifts. It's a four letter word, but a good one. W-I-N-E.

Page 27





ive in the luxurious newer community of "Natisol". This grand home possesses the elegance of Modern Mediterranean architecture Boasting a large two story floorplan, it is spacious and bright, offering cascading callings, glearning hardwood floors, designer criters, expanded great room with custom buR-ins, speaker system and gournet. kitchen with stainless steel kitchen. Enjoy sturning unobstructed panoremic canyon and San Francisco Bay views.

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#### **ON MY SOAPBOX** By Pat Dixon, Swan Lady, 591-5455

Hello again! First, now that we're all 'thawed out', I want to thank all of you that I ran into at the Marketplace who told me they enjoy reading this column. Hopefully it makes some sense to you all as it gave those I talked with a "place to get rid of their aggravations about some of the more inconsiderate drivers". Again this past month most of the calls requested a "reminder" list relative to driving-considerately and safely. So let's start with the do's: number 1 was using one's signal lights; 2 came in at riding with one foot on the brake; 3 was about not paying attention while driving and 4 was leaving a car length between each car (which is a requirement on free-ways, but not city streets at signals). The normal space between the trunk of the car ahead of you and your front bumper is about 5 feet. Signal lights are co-ordinated on posted speed limits and when one car takes too long to start to move through a light, it causes some of the following cars to miss the green light altogether (another reason for 'road rage' with some drivers honking or the showing of that middle finger). Also, the timing of the signals is interrupted whenever a pedestrian pushes that button to cross. This is another reason for leaving a little earlier if you have to be some where at a designated time. Also know the routes you want to take so that you are not cutting through traffic to get to a specific exit. When using your signal please remember to do so

about a half block from where you want to turn. They really are rather useless if you turn your signal on after you are in the left or right turn lane. The next major complaint was on 'California stops' which is where a car just slows down



but does not actually stop at the arterial stop sign. This was observed being done on RWS at the Marlin Dr. stop sign by a light tan 4-door VW, heading west, that had white outof-state plates with blue letters. Fortunately the car in the east bound left turn lane had just started to turn north and realized in time this VW was not going to stop. I guess the moral of all this is when behind the wheel concentrate on what you are doing there-not when you get to your destination. Several calls asked to remind drivers that if they have their windshield wipers on during the rains their head lights also must be on. Huge fine if forgotten! And also to remember that the speed limits here in the Shores are 35 miles per hour on the main parkways-Marine, Shearwater, Embarcadero, Shell, Redwood Shores, and Bridge. Other "inner streets" are 25 mph,

(Continued on page 37)



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## SENIOR ACTIVITIES FOR JANUARY Contributed by Michele Venerri



The Veterans Memorial Senior Center,

1455 Madison Avenue, Redwood City, is providing the following activities that are open to the public during the month of February.

Wednesday, February 7th thru April 12th 9:00 a.m. to 1:00 p.m., Sunset Room, FREE AARP Tax Preparation Services. Tax season is here. AARP provides free tax service to low and middle income seniors. To schedule an appointment please call (650) 780-7274.

Saturday, February 24th, 1:00 p.m. to 5:00 p.m. San Francisco Aquarium / Ghirardelli Square. Come and explore the wonders of the bay at the San Francisco aquarium. Be surrounded by sharks, eels and octopuses and thousands of marine animals indigenous to its waters. We will also enjoy the sights and sounds of the famous Ghirardelli Square, ending the day with some fabulous treats. To reserve a spot, call (650) 780-7344.

To learn more about the Veterans Memorial Senior Center, call 780-7270. Redwood City Parks, Recreation and Community Services Department provides recreational facilities and activities for all ages and interests, and supplies building and custodial services for City buildings. Redwood City Parks also operates the Veterans Memorial Senior Center and the Fair Oaks Community Center, providing social, educational, and cultural activities, as well as information, referral, and counseling services to persons living in Redwood City and neighboring communities. Redwood City Parks is more than you think! Its website is located at www.redwoodcity.org/parks.

Visit Redwood City's award-winning website at www.redwoodcity.org for information about the City and its services, the community, recreation programs, education, City government, and local business. Subscribe to Redwood City's email newsletter by sending an email to enews@redwoodcity.org.

# MAILING TIPS

When a Return Address is Required for Standard Mail, the US Postal Service requires a return address if you're mailing piece possesses any of the following elements:

- Precanceled stamp
- Company indicia (not required for meter or permit #)
- Nonprofit
- Periodicals in envelopes or wrappers

Steve Elder, Accurate Mailings, Inc.

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## SAN CARLOS CHILDREN'S THEATER PRESENTS

WHAT: "BLATHER, BLARNEY & BALDERDASH", Written by Patrick Rainville Dorn, Directed by Eron Block. Produced by special arrangement with Pioneer Drama Service, INC., Englewood, CO. WHEN: March 2-11, 2007 Fridays and Saturdays at 7:30pm and Sundays at 1:30 WHERE: White Oaks Elementary School, 1901 White Oak Way, San Carlos, CA TICKETS: **\$9** Available at Burton Park in San Carlos and at the door if still available. Seating is first come first serve. SYNOPSIS: Three hilarious and action-packed Irish folk tales collide in raucous laughter when a trio of leprechauns try to help a tongue-tied shepherd tell his story.

For More Information: Voice mail - 650-594-2730 or www.sancarloschildrenstheater.com

# NEWS FROM

ully Alive has been doing something different and very special this year. We embarked on a journey called "The Macedonian Project". Each Sunday, we are taking the first portion of our offerings, representing the first fruits that God asks of us and using them to bless those in our community who are hurting or in need, that afternoon before the sun sets. We have watched in awe and wonder as God has turned what little we had to offer into something huge in the lives of the people we have encountered. We have fed and clothed the homeless, donated much needed items such as diapers, formula and fresh fruit to various shelters and served individual families that we ran across along the way. I'm sure that the people we have served are grateful, but they are no more grateful than we at Fully Alive have been that God allowed us to partner with Him in sharing His love. We are encouraged in the book of Matthew not to forget those in need. When we do these things for the least of our brothers, Jesus assures us that we have done them for him. We are humbled at the number of people that God has allowed us to bless. We pray that as we hand out each scarf, coat or dinner, that those people feel how much they are loved and valued by their Creator.

There are a couple of events coming in March that

# fully alive community church

we would love to see as many people as possible in the entire Bay Area attend. The first is BattleCry! BattleCry is a youth event that hosts speakers and great bands. It will be held at AT&T Field on March 9-10. Ticket prices vary by seating area. If you have a middle or high schooler who is searching for relevance and purpose in their lives, visit www.battlecry.com for information.

The other exciting event is Deeper Still. This event features Beth Moore, a gifted and humorous Bible teacher from Texas, as well as Kay Arthur and worship leader, Travis Cottrell. This will be a weekend filled with inspiration and laughter. This event is being held in the Moscone Center also March 9-10. Tickets are \$70 and information can be found at www.lifeway.org.

Fully Alive meets at 9 & 10:30am on Sundays at the Sandpiper Community Center. To find out more about us or events in the area, please visit www.fullyalive.com. *Submitted by Lisa Frerich*