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COLORFUL BULBS IN CONTAINERS

Contributed by the Carlmont Nursery

For near-continuous blossoms indoors and out, plant some of your bulbs in containers! By planting a variety of bulbs, and staggering the planting of some varieties, you can have flowers over a span of many months. Here are just a few of the many possible combinations and uses.

Plant decorative containers with early-blooming purple or yellow crocus, and use them to herald the end of winter as well as greet guests at your front door. A shallow ceramic container with crocus, hyacinths, or unusual daffodils makes a perfect table centerpiece and shows off these unique flowers.

Enhance a group of potted pink azaleas by adding grape hyacinths (muscari) and white crocus to their containers. Place the contain-



SELECTING A NEW DISHWASHER

Thanks to the contracts PGE was granted earlier this year, we are all paying about 35% more for our utilities than we were a year ago. Fortunately, there are some terrific new improvements in appliances that will help keep your utility bills down.

The Dacor brand 30" wide dishwasher has 40% greater capacity than the 24" wide dishwashers. You can clean up to twenty place settings at one time with this model.

Maytag Jet Clean II dishwasher has three fully adjustable racks for more flexible loading options. This model also accepts interchangeable colored metal front panels or "wood panels to coordinate with your cabinetry.

Both Maytag and Whirlpool dishwashers have a garbage disposal within the unit which eliminates the need to rinse the dishes before you turn on the dishwasher. This clever feature also prevents the garbage disposal from clogging and spewing garbage water out of the release valve onto the countertop.

One of the ways the new dishwashers conserve energy is that they have internal heating elements which take the cold water and heat it for the desired temperature need just to wash the dishes. With this heater element the Whirlpool dishwasher can also warm fourteen place settings, a terrific plus for people who entertain large dinner parties. With adjustable rack heights (up to three levels) and adjustable tines you can clean big soup pots and bowls in the same load with plates.

If you are concerned about minimizing water usage, investigate models from Miele which will wash 14 place settings with only 3.7 gallons of water per wash (versus 7 gallons for the Whirlpool dishwasher). KitchenAid and Miele dishwashers are the quietest ones on the market with a rating of only 47 decibels.

While these newer dishwashers will cost \$500 to \$1000, the utility savings with these more energy efficient models make them an excellent investment in your kitchen.

Submitted by Jean Cary of Jean Cary Interiors (650) 593-9622

ers near a garden focal point or under a deciduous tree. Freesias and paperwhite narcissus provide intense fragrance. Plant them together in pots, then set the pots on plant stands or shelves at "sniffing height" to perfume the air indoors or on a patio.

Try layering bulbs for a long lasting display. For example, plant long-blooming grape hyacinths in the same container with early season daffodils and late-blooming tulips. The hyacinths will flower continuously for several weeks. As the daffodils begin to fade, cut off the spent flowers, but not the foliage. The tulips will begin to bloom as the daffodil flowers start to decline.

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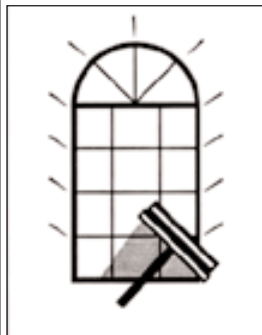
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**(PEANUT ALLERGIES -
Continued from page 24)**

This means that all nuts can be a threat to a child with a peanut allergy.

While researchers are developing some exciting new treatments for food allergies, none are yet widely available or practical. If you suspect your child is having allergic reactions to foods, seek advice from your pediatrician regarding testing and treatment.

While most peanut allergies tend to continue into adulthood, there are many ways you can help your child stay healthy, avoid coming into contact with the allergen, and be prepared for the cases when exposure cannot be avoided.

For more information, visit <http://www.foodallergy.org/>

Photo Caption: Dr. Erica Goldman a pediatrician at the Palo Alto Medical Foundation.

Endnote: The Palo Alto Medical Foundation and column editor Arian Dasmalchi provide this monthly column.



**DID PEOPLE ALWAYS SAY
HELLO ON THE PHONE?**

When regular phone service was inaugurated in New Haven, CT, in 1878, people said “Ahoy” instead of “Hello”. New Haven is located on the busy Long Island Sound which accounts for the nautical greeting.

That isn’t all that has changed. For as long as telephones had dials, the number “1” wasn’t on them. The reason was electronic. Each time a caller turned the dial, it clicked (you can still hear that on pulse-tone settings). Any number of glitches could have sent a one-click signal over the wires, which the phone would have misinterpreted as a “1.” Thus dials started with a “2”. Today, of course, “1” doesn’t present a problem.

And here’s a bit of phone trivia you may not have known. Though Alexander Graham Bell invented the telephone in 1876, it’s a little-known fact that his assistant Watson—who was the recipient of the first phone message, “Mr. Watson, come here, I want you”—was in fact the inventor of the telephone booth.

One incident did not cause the other, but as it happens, down the road a bit in Ballyhooly, Cork, the way the villagers used to fight, yell and call attention to themselves gave birth to the word “ballyhoo.”
(Excerpted from Global Digests)

LITTLE FOX CALENDAR FOR NOVEMBER 2003

FOX
T H E A T R E

2209 Broadway, Redwood City, CA 94063
Ticket purchase online at foxdream.com and at the Fox Box Office, 2219 Broadway, Redwood City,

Tom Russell and Andrew Harden
Wed. Nov. 12 8pm \$18 adv./\$20 door
Texas Troubadour and his blazing guitar master partner. Long regarded as one of America’s master story tellers, Tom Russell is a very American singer-songwriter, weaving songs about all sorts of people and all sorts of dreams, and singing in a style sometimes reminiscent of John Prine, sometimes of Greg Brown, but more often staunchly original.

Shane Dwight Band plus Corby Yates Band
Fri. November 14, 8pm \$12 adv./\$14 door

Maria Muldaur - A Tribute To Peggy Lee
Sun. Nov. 16, 7pm \$18adv./\$20 door
Maria Muldaur is a fierce vocalist who combines a variety of styles at every performance. She uses the term “Bluesiana” to describe her uncanny blend of blues, jazz and R&B. She has also recorded several albums for younger audiences. Perhaps Muldaur is best known for the 1974 smash hit “Midnight At The Oasis.” She has also performed with Dr. John, Bonnie Raitt, Jerry Garcia, Charles Brown and Aaron Neville.

Richard Bean & Sapo
featuring Chepito the hall of fame percussion great from Santana
Sat. November 22, 8pm \$10 adv./\$12 door

Tony Trischka & John McEuen
Sun. Nov. 23, 7pm \$15 adv./\$17 door
Tony Trischka is one of America’s most dynamic and inventive players. He has made fifteen albums, both solo and with his band Skyline, and has toured and recorded with Country Cooking, Psychograss and Grass Is Greener, among others. John McEuen is known as America’s instrumental poet. His musical impressions from over 30 years of worldwide travels are brought to the stage with performing expertise that sets him apart from others, and focuses on acoustic guitar, banjo, fiddle, and mandolin. A founding member of the Nitty Gritty Dirt Band in summer of ‘66, after 21 years he left in the winter of ‘88 to broaden his artistic pursuits. Multi-instrumentalist McEuen has since ventured into varied musical genres, taking his music and other talents to different formats including television specials, film scoring, unusual award winning CDs and concert production

The Waybacks
Friday Nov. 28, 8pm - \$16 adv./\$18
“Acoustic Mayhem” is the term that best sums up the sound of The Waybacks. It’s everything from Kumbaya-free folk to cowboy jazz.

Redwood Shores Lions Club

By Shellie Sakamoto, Past President

SAVE THE MUSIC FESTIVAL

On September 28th, School-Force, the Belmont-Redwood Shores School District Public Foundation, and other community groups, hosted a Save the Music Event to raise funds for the District's music programs and music education. The Event was a family day of fun that included a boat regatta, food, great live music on two stages, and a lively children's area. The Redwood Shores Lions Club organized the Festival and coordinated the event. The Save the Music With the Little School District That Could-Festival and Regatta is the kick off event to a series of fundraising efforts throughout the year. "We were pleased at the level of enthusiasm and support shown by the students, musicians, our many volunteers, and the community", stated Lion and Festival and Co-Chair Mary Carbullido. "It was a wonderful event—we had great weather, terrific music and the boat regatta turned out to be a quite a hit with the participants and the many people who cheered on the sidelines. What a terrific event to bring the communities of Belmont and Redwood Shores together!"



BELMONT SENIOR CITIZEN CENTER

On September 3rd, the Redwood Shores Lions Club cooked and served dinner to 175 Seniors at the Belmont Senior Citizen Center. The Redwood Shores Lions Club was assisted by the Legion of Mary and the Knights of Columbus from St. Mark's Church. This has become an annual community event. "The Seniors certainly appreciate it, and we also have such a fun time. We look forward to doing it every year," said enthusiastic Lion Jun Madrinan. *(Picture on right)*

LUMPIA FUNDRAISER

The Redwood Shores Lions Club has started its annual lumpia sales again this year. Items for sale include lumpia (Filipino meat or vegetarian egg rolls), flan cake (sponge or mocha), and bibinka (a sponge cake lined with banana leaves and filled with cream cheese and cheddar cheese). If you are interested, please contact any Lions member or Lion Norma Villa at (650) 592-0598. All proceeds go to our annual Scholarship program and other community projects.

EYEGLOSS COLLECTION

Throughout the year, the Redwood Shores Lions collect eyeglasses, so that these eyeglasses can be recycled to needy individuals throughout the world. Last year, over 160 pairs of used eyeglasses were collected by the Redwood Shores Lions and submitted to the Lions In Sight program. These used eyeglasses are given to needy individuals in Mexico and other places in need. As we do this, we truly give the gift of sight to those who cannot afford something as simple as eyeglasses.

Remember, if you have any old eyeglasses and would like to contribute them, please look for our eyeglass collection box at the Sandpiper Community Center.

ABOUT THE REDWOOD SHORES LIONS CLUB

The Redwood Shores Lions Club holds its general meeting on the 1st Tuesday of each month at 7:30 p.m. at the Sandpiper Community Center. Anyone who is interested is welcome to attend. The Club has approximately 25 members who are young and young-at-heart working professionals. The Club is a family-friendly group of individuals who enjoy giving back to the community while having fun at the same time. Since its inception, the Club has provided a variety of services to the community of Redwood Shores, as well as other neighboring areas. For more information, please contact Lion Mary Carbullido at (650) 593-6384, Lion Virgil Sadsad at (650) 595-4031, or Lion Shellie Sakamoto at (650) 654-7914.

(NEW ZEALAND - Continued from page 35)

passed on from generation to generation through music, carvings, art, storytelling and reciting genealogies. The strength and beauty of Maori art is evident in architectural carving and interior designs of meeting places and in ornate carvings in wood, bone or greenstone for pendants and other treasures.

So to truly experience New Zealand is not just to take in the spectacular scenery that Hollywood has fallen in love with, but to also savor the food, sip the wine, immerse yourself in the history and culture and become best of mates with the locals. New Zealand is un-crowded, fresh and rejuvenating, yet sophisticated, adventurous and full of surprises around every corner!

If you would like more information on traveling to New Zealand, please contact New Zealand Travel Specialist, Linda Margolin at Bryan International Travel. Ph: 650 685 2305.

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Sunday dinner only 5:00 - 9:00 pm
Matinee Dinner Monday through Thursday 5:00 pm

PENINSULA JEWISH COMMUNITY CENTER PRESCHOOL UPDATE

The Peninsula Jewish Community Center Preschool, located at 800 Foster City Blvd., is off and running in Foster City with 260 children, ages 6 months through 5 years old.

We are happy to give tours of our wonderful new facility to families with young children interested in our program. We are open to everyone and welcome families from all faiths and backgrounds. We emphasize teaching young children values and supporting parents in their child rearing roles.

We will be starting a new class in January for children who have turned two years old by October. It will meet on Tuesdays and Thursdays from 9:15am - 12:15pm, with extended care options from 7:30am - 6:00pm.

We also have space available in our Hugs and Blessings Program for children who turned 6 months through 26 months old by September. These playgroups meet with parent participation two mornings per week. Attend by calling 650-357-7733 to register.

For information or a personal tour, please call Judy Garb at 650-357-7733.



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